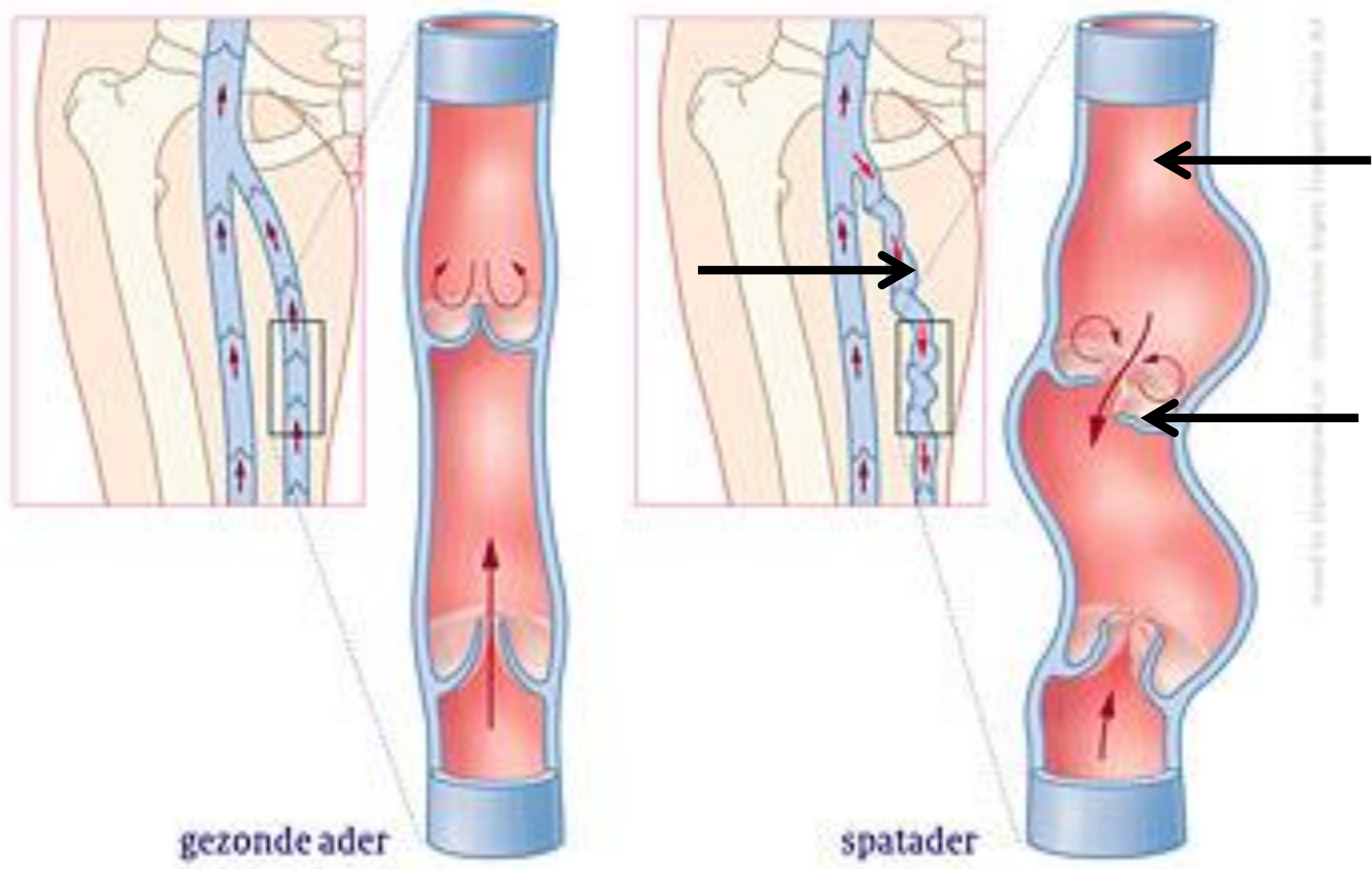


7. Wat kun je tegen spataderen doen?

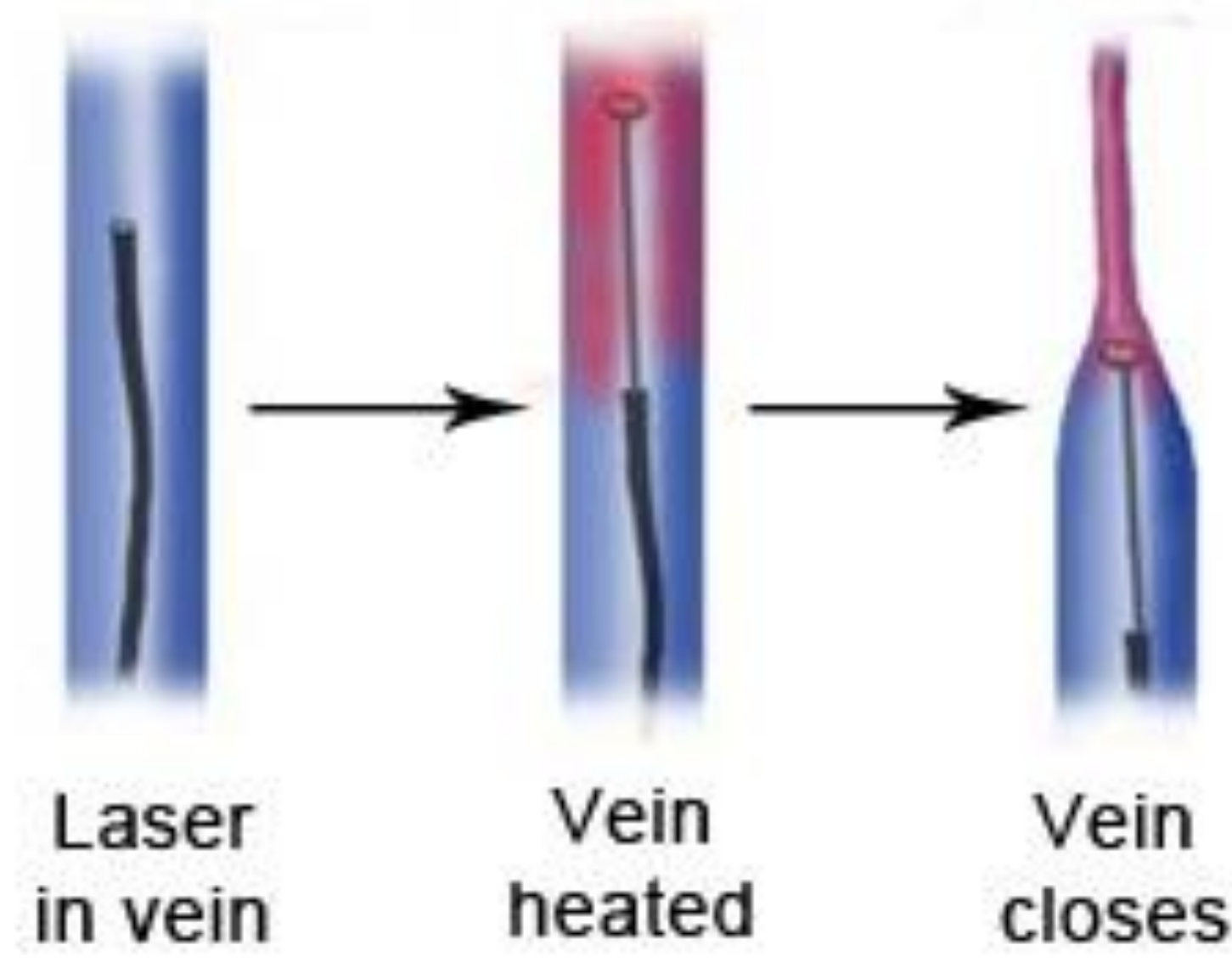
Conservatieve therapie: Therapeutische elastische kousen



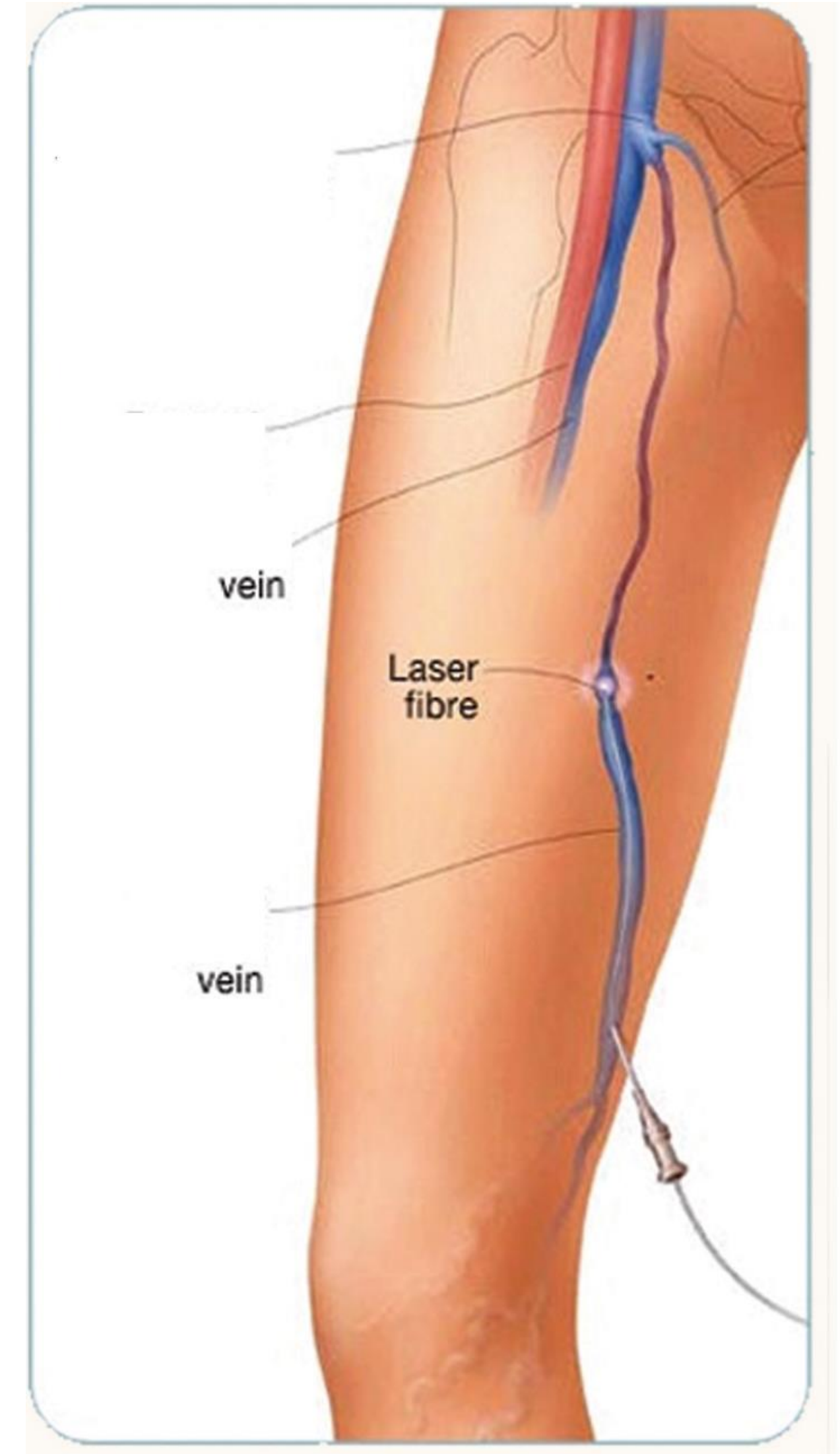
← = Druk elastische kous



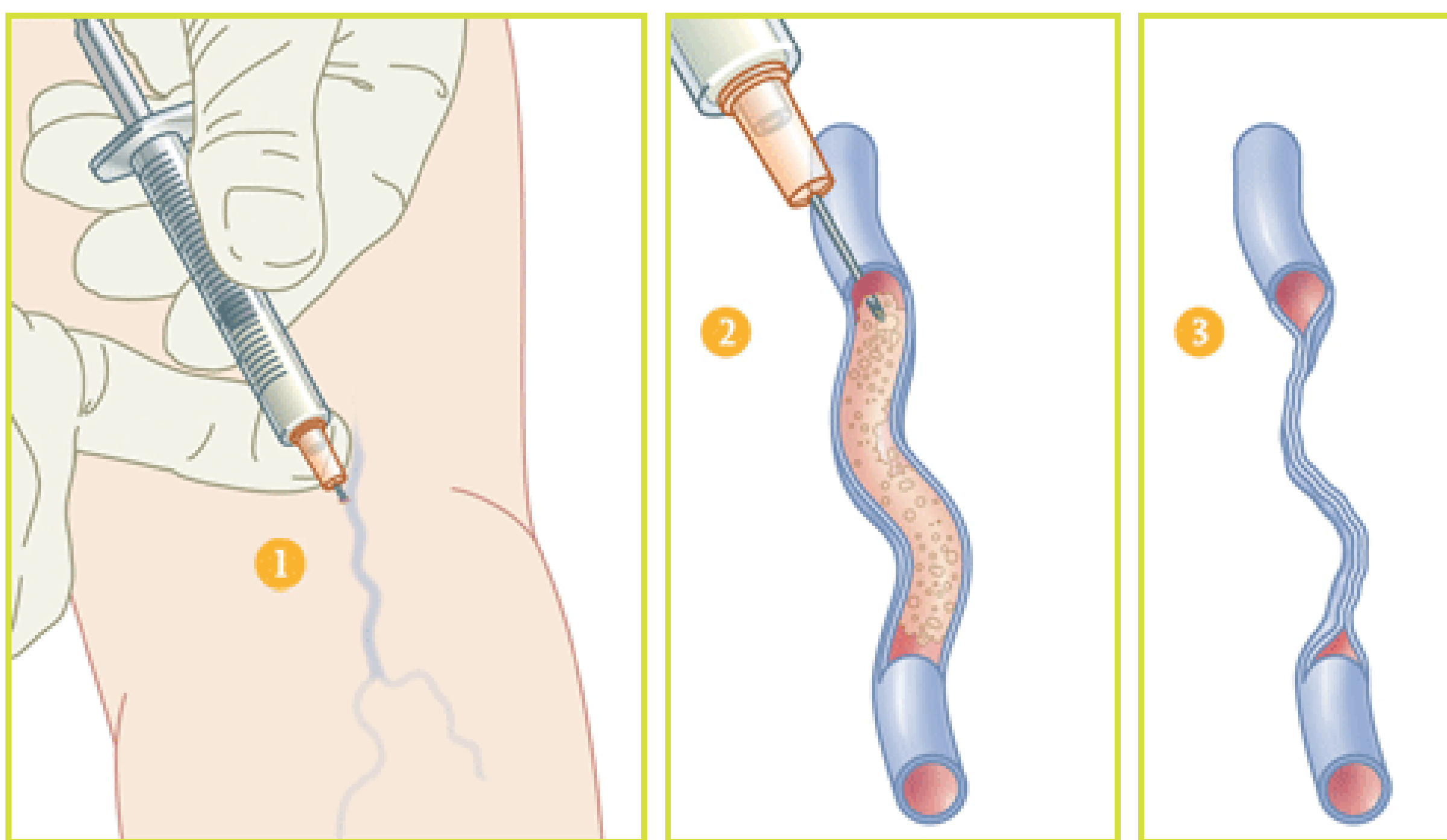
Laser therapie: Endoveneuze lasertherapie (EVLT)



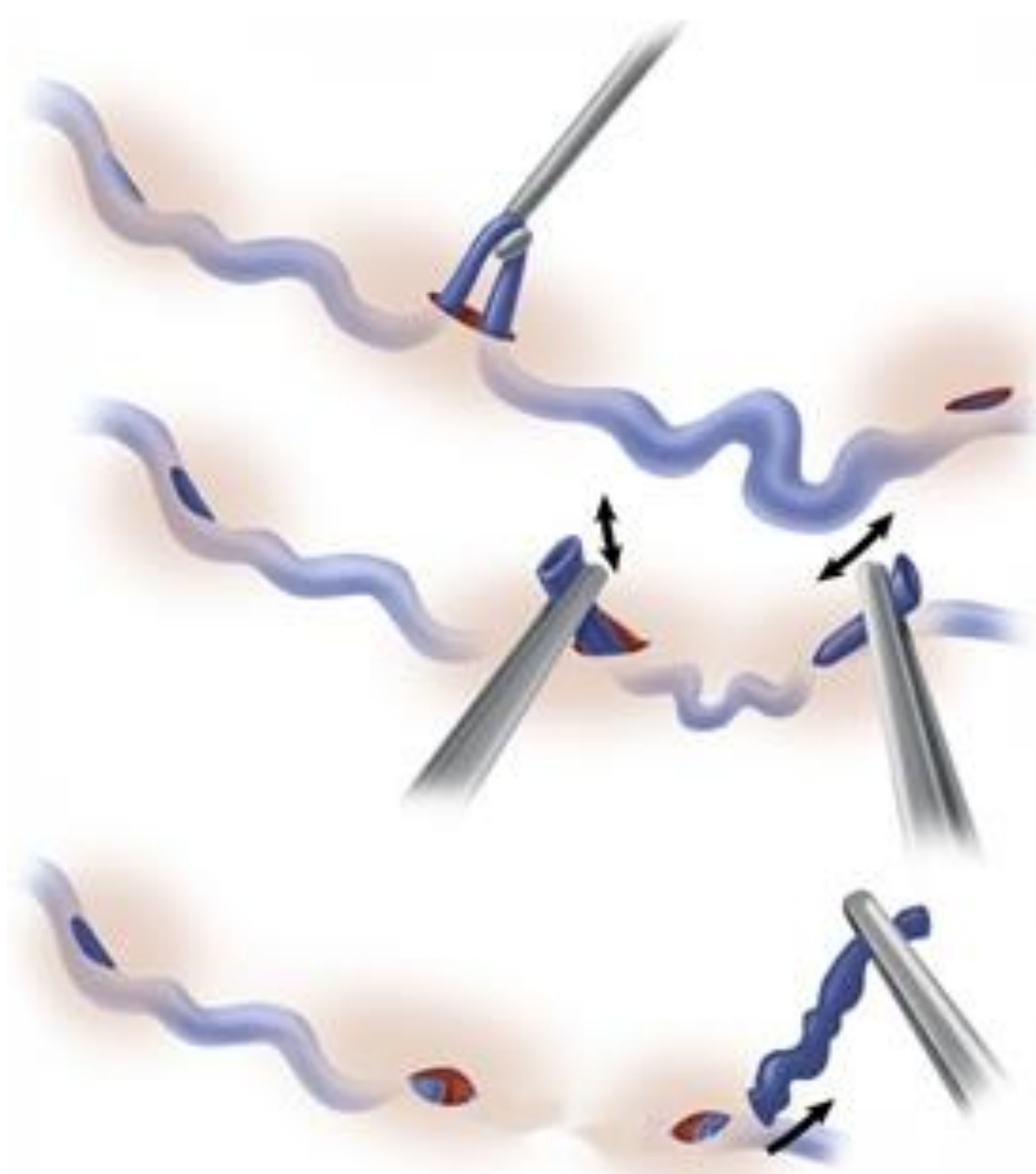
Vein = ader



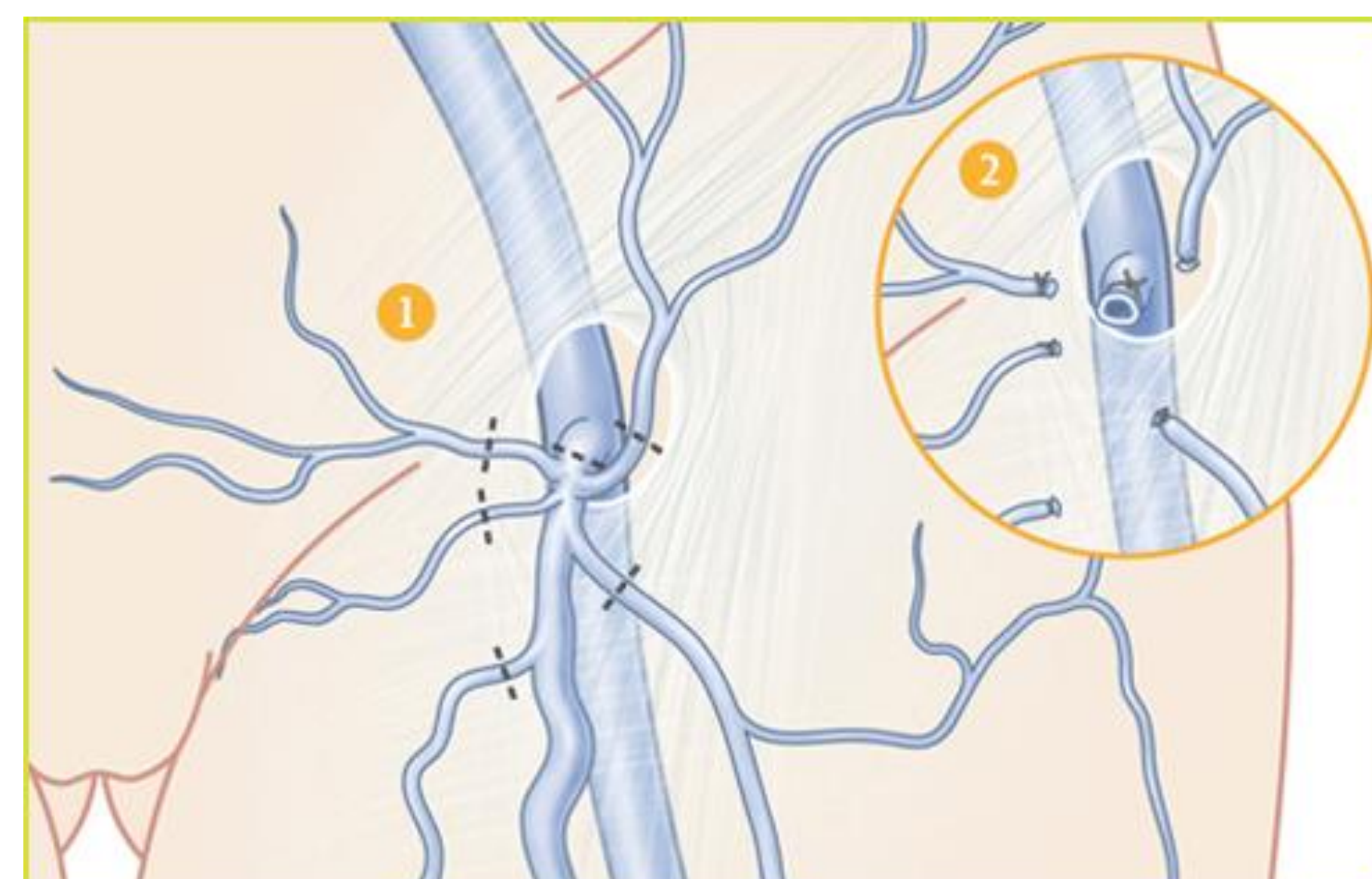
Medicamenteuze therapie: Sclero-compressie therapie



Lokale therapie: Muller procedure

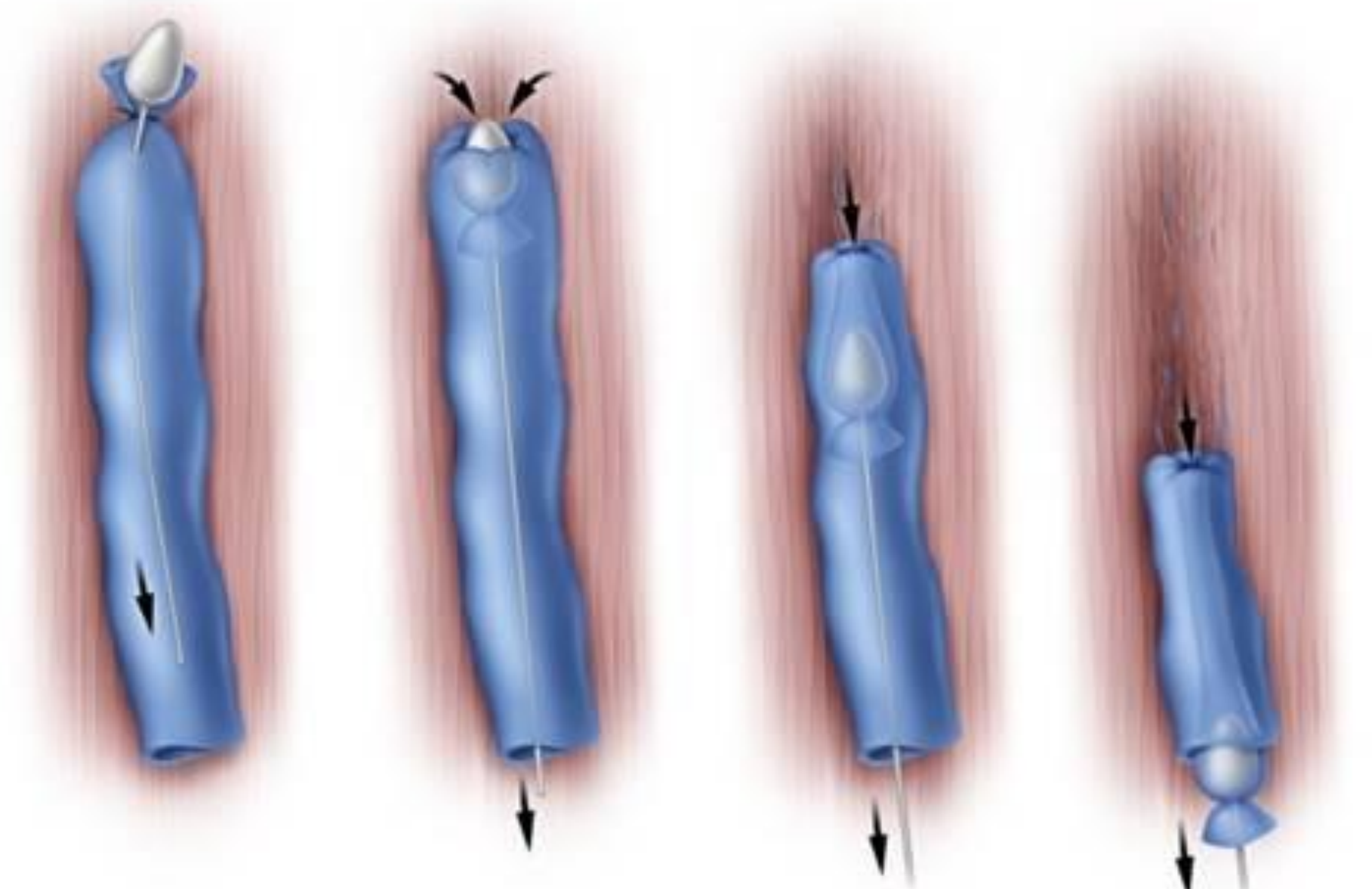


Operatieve therapie: Crossectomie + strippen



Crossectomie

Strippen



Preventie / Voorkomen:

- Niet te lang staan
- Voldoende bewegen
- Afvallen